Clay City High School

Page 1 DEC. 2022 BREAKFAST Nov 22, 2022

Page 1		DEC. 2022 BREAKFAST		Nov 22, 2022
Monday	Tuesday	Wednesday	Thursday	Friday
			Dec - 1  PANCAKES & SYRUP POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	Dec - 2  CINNAMON ROLLS POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK
Dec - 5	Dec - 6	Dec - 7	Dec - 8	Dec - 9
DONUT, YEAST POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	BIS. AND GRAVY POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	BREAKFAST PIZZA POP TARTS VARIETY CEREAL,VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	FRENCH TOAST STICKS POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	CINNAMON ROLLS POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK
Dec - 12	Dec - 13	Dec - 14	Dec - 15	Dec - 16
DONUT CHOCOLATE POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	BIS. AND GRAVY POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	BREAKFAST SANDWICH POP TARTS VARIETY CEREAL,VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	DUTCH WAFFLE POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	CINNAMON ROLLS POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK
Dec - 19	Dec - 20	Dec - 21		
DONUT, YEAST POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	BIS. AND GRAVY POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK	BAGEL w/ SAUSAGE POP TARTS VARIETY CEREAL, VARIETY PBJ YOGURT PARFAIT FRESH FRUIT JUICE VARIETY MILK		

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.